

# BOWLS

## MEDITERRANEAN BOWL 17

Tabbouleh, Greek salad, hummus, falafel, roasted pepper, grilled vegetables & tzatziki

## BUDDAH BOWL V GF 17

Brown rice, warm quinoa & lentil salad, honey roasted butternut squash  
grilled vegetables, sauteed chard, miso & tahini gravy

## VEGAN TUNA POKE BOWL 14

Spicy sesame watermelon "vegan tuna", sushi rice, cucumber, avocado, daikon  
radish, carrot, purple cabbage, broccoli, baby corn, snow peas, edamame & kimchi  
*\*not available gluten free (watermelon is marinated 24 hours in soy dressing)*

## SURFER BOWL GF 17

Pan fried catch of the day, brown rice, grilled veggies, sauteed kale, citrus coleslaw

## TUNA POKE BOWL 17

spicy sesame yellowfin tuna, sushi rice, cucumber, avocado, daikon radish, carrot,  
purple cabbage, broccoli, baby corn, snow peas, edamame & kimchi  
Spicy sesame, ginger & soy sauce

# BURGERS

Served with your choice of salad, Cesar salad or fries

## DRIFT BURGER V 14

Homemade BBQ soy burger, topped with caramelized onions, tomato, lettuce  
vegan mayo & grainy Dijon mustard on homemade bun

## CRISPY FISH BURGER 15

Panko fish filet, tomato, lettuce, topped with zesty tartar sauce coleslaw  
Served on homemade bun

## FALAFEL BURGER V 14

Homemade falafel burger, hummus, lettuce & tomato topped with tzatziki coleslaw  
Served on homemade bun

# SIDES

**FRIES 6**

**FRIED YUCCA 7**

**RICE 4**

**FOCACCIA**

*Prices do not include tax 13% IVA or 10% Service*

# INDIAN CURRIES

## **CHANA MASALA V GF 14**

Chickpeas slow cooked in aromatic curry paste made from ground fresh coriander & mint leaves, tomato, onion & Indian spices. Served with Basmati rice & Vegan Raita

## **DAL MAKHANI V GF 14**

Black lentil & kidney bean "butter" curry slow cooked in coconut & cashew cream with Indian spices. Served with Basmati rice & Vegan Raita

## **MATAR PANEER GF 14**

Rich & fragrant tomato cream curry with green peas & Indian cheese  
Served with Basmati rice & Vegan Raita

## **INDIAN PLATTER (2 people) 38**

Samosas, Pakoras, Basmati rice, Papadam  
Your choice of 2 Indian curries. Served with 3 dips:  
tamarind, mint/cilantro & vegan raita

# PASTA

## **VEGGIE LASAGNA 11**

(also available with gluten free homemade pasta Add 2)  
Layers of sautéed vegetables, homemade pasta, spinach & cottage  
cheese 3 cheese béchamel. Oven baked in tomato sauce

## **MUSHROOM PESTO LASAGNA V 12**

(also available with gluten free homemade pasta Add 2)  
Layers of homemade pasta, mushroom & spinach  
baked in a vegan cashew cream pesto sauce.

## **HOMEMADE CANNELLONI 11**

Cannelloni stuffed with spinach and ricotta  
baked in a cream and tomato sauce